

# Quantum effective action for Josephson dynamics

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# Outline

- Bosonic Josephson tunneling
- Only-phase effective action
- Only-phase quantum effective action
- Conclusions

# Bosonic Josephson tunneling (I)

A system of  $N$  interacting bosons confined by a symmetric double-well potential can be described by the two-site Bose-Hubbard model

$$\hat{H} = -J(\hat{a}_1^+ \hat{a}_2 + \hat{a}_2^+ \hat{a}_1) + \frac{U}{2}[\hat{N}_1(\hat{N}_1 - 1) + \hat{N}_2(\hat{N}_2 - 1)] \quad (1)$$

with  $J > 0$  the tunneling (hopping) energy,  $U$  the boson-boson interaction, and  $\hat{N}_j = \hat{a}_j^+ \hat{a}_j$ . Here  $\hat{a}_1$  and  $\hat{a}_j^+$  are the bosonic ladder operators.

The mean-field approximation is obtained<sup>1</sup> by using Glauber coherent states

$$|\psi(t)\rangle = |\alpha_1(t)\rangle_1 |\alpha_2(t)\rangle_2 \quad (2)$$

where  $|\alpha_j(t)\rangle$  is the eigenstate of the annihilation operator  $\hat{a}_j$ , with complex eigenvalue

$$\alpha_j(t) = \sqrt{N_j(t)} e^{i\phi_j(t)}, \quad (3)$$

where  $N_j(t) = \langle\psi(t)|\hat{N}_j|\psi(t)\rangle$  is the average number of bosons in the site  $j = 1, 2$  and  $\phi_j(t)$  is the corresponding phase.

<sup>1</sup>R. Franzosi and V. Penna, Phys. Rev. E **67**, 046227 (2003).

## Bosonic Josephson tunneling (II)

Quite remarkably, the mean-field dynamics is obtained by extremizing the following action functional

$$S = \int \langle \psi(t) | \left( i\hbar \frac{\partial}{\partial t} - \hat{H} \right) | \psi(t) \rangle. \quad (4)$$

One can also introduce<sup>2</sup> the relative phase

$$\phi(t) = \phi_2(t) - \phi_1(t) \quad (5)$$

and the normalized population imbalance

$$z(t) = \frac{N_1(t) - N_2(t)}{N} \quad \in [-1, 1] \quad (6)$$

Here  $N = N_1(t) + N_2(t)$  is a constant of motion.

In this framework  $\phi(t)$  and  $z(t)$  are the time-dependent variational parameters of the coherent state  $|\psi(t)\rangle$  which extremize the action  $S$ .

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<sup>2</sup>A. Smerzi *et al.*, Phys. Rev. Lett. **79**, 4950 (1997).

## Bosonic Josephson tunneling (III)

Specifically, we find<sup>3</sup>

$$S[z, \phi] = \int dt \left[ \frac{N\hbar z}{2} \dot{\phi} - \frac{UN^2}{4} z^2 + JN\sqrt{1-z^2} \cos \phi \right], \quad (7)$$

with  $\phi(t)$  and  $z(t)$  Lagrangian variables. Actually, for this specific problem  $z(t)$  and  $\phi(t)$  are canonically conjugated.

The corresponding Euler-Lagrange equations are

$$\hbar \dot{\phi} = \frac{2Jz}{\sqrt{1-z^2}} \cos \phi + UNz + \varepsilon, \quad (8a)$$

$$\hbar \dot{z} = -2J\sqrt{1-z^2} \sin \phi. \quad (8b)$$

Linearizing around  $z = 0$  and  $\phi = 0$  one gets the Josephson frequency

$$\omega_J = \sqrt{2J(UN + 2J)/\hbar}. \quad (9)$$

This prediction was experimentally verified in 2005 with  $^{87}\text{Rb}$  atoms.<sup>4</sup>

<sup>3</sup>S. Wimberger, G. Manganelli, A. Brollo, L.S., Phys. Rev. A **103**, 023326 (2021).

<sup>4</sup>M. Albiez *et al.*, Phys. Rev. Lett. **95**, 010402(2005).

# Only-phase effective action

Given the action  $S[z, \phi]$ , the effective action for the phase  $S[\phi]$  is defined as<sup>5</sup>

$$e^{\frac{i}{\hbar} S[\phi]} = \int \mathcal{D}[z] e^{\frac{i}{\hbar} S[z, \phi]} . \quad (10)$$

The path integral can be computed explicitly expanding  $S[z, \phi]$  up to second order around  $z = 0$ . The resulting only-phase mean-field action is given by

$$S[\phi] = \int dt \left[ \frac{m(\phi)}{2} \dot{\phi}^2 - V(\phi) \right] , \quad (11)$$

where

$$m(\phi) = \frac{N\hbar^2}{2(UN + 2J\cos(\phi))} . \quad (12)$$

$$V(\phi) = -JN\cos(\phi) . \quad (13)$$

Quite remarkably, with the only-phase action  $S[\phi]$  one recovers exactly the same mean-field Josephson frequency obtained with  $S[z, \phi]$ .

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<sup>5</sup>K. Furutani, J. Tempere, L.S., Phys. Rev. B **105**, 134510 (2022).

# Only-phase quantum effective action (I)

The one-loop quantum effective action<sup>6</sup>

$$\Gamma[\phi] = S[\phi] + \frac{i\hbar}{2} \text{Tr} \ln \left( \frac{\delta^2 S}{\delta \eta^2} [\phi] \right) \quad (14)$$

provides a systematic way to include beyond-mean-field (quantum) fluctuations. At zero temperature we find<sup>7</sup>

$$\Gamma[\phi] = \int dt \left[ \frac{m_{\text{eff}}(\phi)}{2} \dot{\phi}^2 - V_{\text{eff}}(\phi) \right] , \quad (15)$$

where

$$m_{\text{eff}}(\phi) = m(\phi) + \frac{\hbar}{32} \frac{(\partial_\phi \Omega(\phi))^2}{\Omega(\phi)^5} \quad (16)$$

$$V_{\text{eff}}(\phi) = V(\phi) + \frac{\hbar \Omega(\phi)}{2} \quad (17)$$

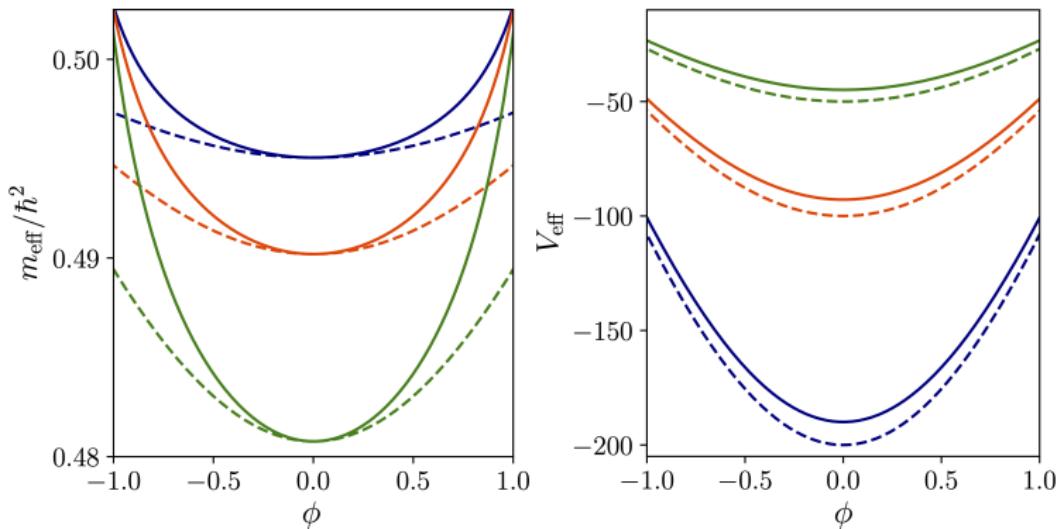
with

$$\Omega(\phi)^2 = \frac{V''(\phi) - \frac{m'(\phi)}{2m(\phi)} V'(\phi)}{m(\phi)} . \quad (18)$$

<sup>6</sup>S. Coleman, R. Jackiw, H.D. Politzer, Phys. Rev. D **10**, 2491 (1974).

<sup>7</sup>C. Vianello, S. Salvatore, L.S., Int. J. Theor. Phys. **64**, 315 (2025).

## Only-phase quantum effective action (II)



Effective mass (left panel) and effective potential as functions of  $\phi$  for  $U = J = 1.0$  and  $N = 50$  (green lines), 100 (orange lines), and 200 (blue lines). The dashed lines represent the corresponding mean-field result. Adapted from C. Vianello, S. Salvatore, L.S., Int. J. Theor. Phys. **64**, 315 (2025).

## Only-phase quantum effective action (III)

Quantum corrections do not change the position of the minimum of the effective potential  $V_{\text{eff}}(\phi)$ , which is still located at  $\phi = 0$ , where also  $m'_{\text{eff}}(0) = 0$ . In particular, small oscillations around  $\phi = 0$  are harmonic, with the frequency

$$\Omega_J = \sqrt{\frac{V''_{\text{eff}}(0)}{m_{\text{eff}}(0)}} = \omega_J \sqrt{1 - \frac{1}{2N} \frac{UN + 6J}{\sqrt{2J(UN + 2J)}}}, \quad (19)$$

where

$$\omega_J = \frac{\sqrt{2J(UN + 2J)}}{\hbar} \quad (20)$$

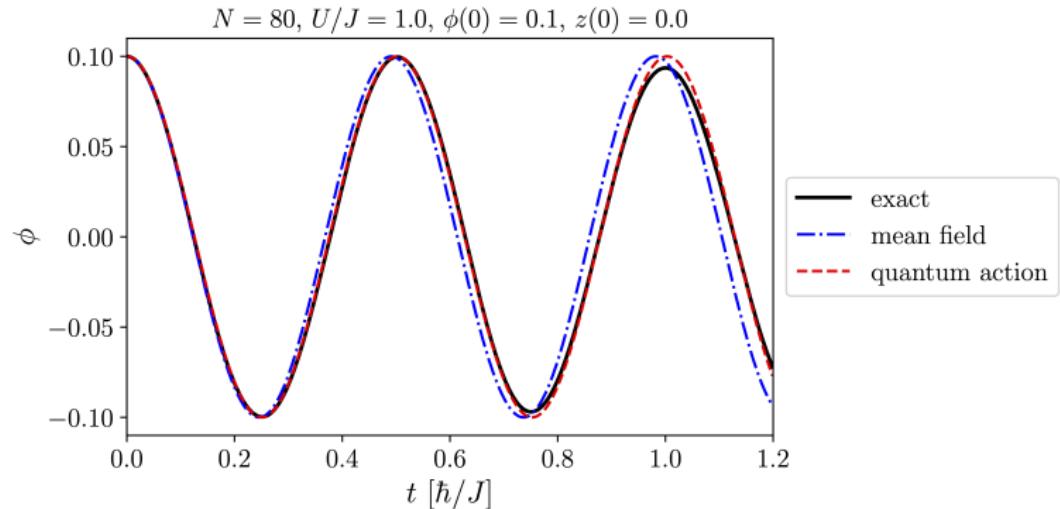
is the mean-field Josephson frequency.

- Exact numerical results<sup>8</sup> confirm the robustness of Eq. (19).
- The relative correction induced by quantum fluctuations can be of 3% for condensates with  $N = 100$  atoms in realistic trapping configurations.

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<sup>8</sup>C. Vianello, S. Salvatore, L.S., Int. J. Theor. Phys. **64**, 315 (2025).

## Only-phase quantum effective action (IV)



Comparison between the exact dynamics (solid black line), the mean-field dynamics (dashed-dotted blue line), and the quantum-corrected dynamics (dashed red line) of the relative phase, for  $N = 80$ ,  $U = J = 1.0$ ,  $\phi(0) = 0.1$ , and  $\dot{\phi}(0) = 0$ . Adapted from C. Vianello, S. Salvatore, L.S., Int. J. Theor. Phys. **64**, 315 (2025).

# Conclusions

- Quantum effective action: useful method for fields and dynamical variables.
- Provides a bridge between classical (or mean-field) dynamics and quantum fluctuations.
- Can include thermal effects perturbatively.
- Useful for theorists and experimentalists in quantum technologies.
- **Work in progress:** quantum effective action for optomechanics (with F. Lorenzi and M. Pelizzo).
- **Work in progress:** quantum effective action for resistively and capacitively shunted superconducting Josephson junction (with A. Bardin, K. Furutani, and J. Tempere).

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