

Collective modes across the soliton-droplet crossover in binary Bose mixtures

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Summary

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Introduction: self-bound Bose-Bose droplet

- Few years ago, Petrov¹ suggested theoretically the existence of **self-bound quantum droplets** in an **attractive Bose-Bose mixture**, where the collapse is suppressed by a beyond-mean-field term.
- Recent experiments with two internal states of ³⁹K atoms in a **3D configuration**, performed both at Barcelona² and Florence³, substantially confirm these theoretical predictions.
- In another experiment at Barcelona⁴ self-bound states of the two-component BEC have been studied in a **tight optical waveguide (quasi-1D confinement)**: a smooth crossover interpolating between bright soliton and droplet states has been observed.

In this talk I discuss our theoretical results⁵ about this **soliton-droplet crossover**.

¹D.S. Petrov, Phys. Rev. Lett. **115**, 155302 (2015).

²C.R. Cabrera *et al.*, Science **359**, 6373 (2018).

³G. Semeghini *et al.*, Phys. Rev. Lett. **120**, 235301 (2018)

⁴P. Cheiney *et al.*, Phys. Rev. Lett. **120** 135301 (2018).

⁵A. Cappellaro, T. Macri, LS, Phys. Rev. A **97**, 053623 (2018).

Beyond-mean-field effective action (I)

We consider a Bose gas made of atoms in two different hyperfine states. Each component can be described by a complex field $\psi_j(\mathbf{r}, t)$ ($j = 1, 2$), whose dynamics results from the following real-time low-energy effective action

$$S = \int dt d^3\mathbf{r} \left[\sum_{j=1,2} \frac{i\hbar}{2} (\psi_j^* \partial_t \psi_j - \psi_j \partial_t \psi_j^*) - \mathcal{E}_{\text{tot}}(\psi_1, \psi_2) \right]. \quad (1)$$

The total energy density \mathcal{E}_{tot} reads

$$\begin{aligned} \mathcal{E}_{\text{tot}} = \sum_{j=1,2} & \left[\frac{\hbar^2}{2m} |\nabla \psi_j|^2 + V_{\text{ext}}(\mathbf{r}) |\psi_j|^2 + \frac{1}{2} g_{jj} |\psi_j|^4 \right] \\ & + g_{12} |\psi_1|^2 |\psi_2|^2 + \mathcal{E}_{\text{BMF}}(\psi_1, \psi_2), \end{aligned} \quad (2)$$

where $V_{\text{ext}}(\mathbf{r})$ is an external confining potential, $g_{jk} = 4\pi\hbar^2 a_{jk}/m$ are the interaction strengths with a_{jk} being intra- and inter-species scattering lengths, and $n_j(\mathbf{r}, t) = |\psi_j(\mathbf{r}, t)|^2$ is the number density of the species j .

Beyond-mean-field effective action (II)

The beyond-mean-field term \mathcal{E}_{BMF} arises from the zero-point energy of Bogoliubov elementary excitations⁶, namely

$$\mathcal{E}_{\text{BMF}} = \frac{8}{15\pi^2} \left(\frac{m}{\hbar^2}\right)^{3/2} (g_{11}n_1)^{5/2} f\left(\frac{g_{12}^2}{g_{11}g_{22}}, \frac{g_{22}n_2}{g_{11}n_1}\right) \quad (3)$$

with $f(x, y) = \sum_{\pm} [1 + y \pm \sqrt{(1-y)^2 + 4xy}]^{5/2} / (4\sqrt{2})$.

The calculation leading to the ground state properties can be simplified by assuming⁷ the two components occupying the same spatial mode $\phi(\mathbf{r}, t)$. The bosonic fields can then be written as

$$\psi_j(\mathbf{r}, t) = \sqrt{N_j} \phi(\mathbf{r}, t) . \quad (4)$$

This assumption neglects the inter-component dynamics, resulting inadequate to probe spin-dipole oscillations.

⁶D.M. Larsen, Ann. Phys. 24, 89 (1963).

⁷D.S. Petrov, Phys. Rev. Lett. **115**, 155302 (2015); D.S. Petrov and G.E. Astrakharcik, Phys. Rev. Lett. **117**, 100401 (2016).

Beyond-mean-field effective action (III)

We work under the condition

$$\frac{N_1}{N_2} = \sqrt{\frac{a_{22}}{a_{11}}}, \quad (5)$$

which comes from the minimization of the mean-field energy density for the uniform system.⁸ By defining⁹

$$\Delta a = a_{12} + \sqrt{a_{11}a_{22}} \quad \text{with} \quad a_{11} > 0, a_{22} > 0, \quad (6)$$

the total energy density reads (with $N = N_1 + N_2$)

$$\begin{aligned} \frac{\mathcal{E}_{\text{tot}}}{N} &= \frac{\hbar^2}{2m} |\nabla\phi|^2 + V_{\text{ext}}(\mathbf{r}) |\phi|^2 + N \frac{4\pi\hbar^2}{m} \frac{\Delta a \sqrt{a_{22}/a_{11}}}{\left(1 + \sqrt{a_{22}/a_{11}}\right)^2} |\phi|^4 \\ &+ N^{3/2} \frac{256\sqrt{\pi}\hbar^2}{15m} \left(\frac{\sqrt{a_{11}a_{22}}}{1 + \sqrt{a_{22}/a_{11}}}\right)^{5/2} f\left(\frac{a_{12}^2}{a_{11}a_{22}}, \sqrt{\frac{a_{22}}{a_{11}}}\right) |\phi|^5. \end{aligned} \quad (7)$$

⁸D.S. Petrov, Phys. Rev. Lett. **115**, 155302 (2015).

⁹Notice that the mean-field uniform system becomes unstable for $\Delta a < 0$.

Beyond-mean-field effective action (IV)

Inspired by the recent experiment of the Tarruell group at Barcelona¹⁰ from now on, we consider a **quasi-1D optical waveguide** which gives a harmonic confinement **only** on a transverse plane

$$V_{\text{ext}}(\mathbf{r}) = \frac{1}{2} m \omega_{\perp}^2 (x^2 + y^2) \quad (8)$$

The presence of a harmonic potential defines a characteristic length scale, namely

$$a_{\perp} = \sqrt{\frac{\hbar}{m \omega_{\perp}}}. \quad (9)$$

We work with $a_{11} > 0$, $a_{22} > 0$ **but** $a_{12} < 0$. We investigate different values of

$$\Delta a = a_{12} + \sqrt{a_{11} a_{22}} \quad (10)$$

in the regime where $\Delta a < 0$, namely in the regime where $a_{12} < -\sqrt{a_{11} a_{22}}$.

¹⁰P. Cheiney, C.R. Cabrera, J. Sanz, B. Naylor, L. Tanzi, and L. Tarruell, Phys. Rev. Lett. **120** 135301 (2018).

Gaussian ansatz and soliton-droplet crossover (I)

The properties of the system can be analytically explored by taking a Gaussian variational ansatz

$$\phi(\mathbf{r}) = \frac{1}{\pi^{3/4} \sigma_\rho \sigma_z^{1/2}} \exp\left(-\frac{x^2 + y^2}{2\sigma_\rho^2} - \frac{z^2}{2\sigma_z^2}\right), \quad (11)$$

whose variational parameters are σ_ρ and σ_z .

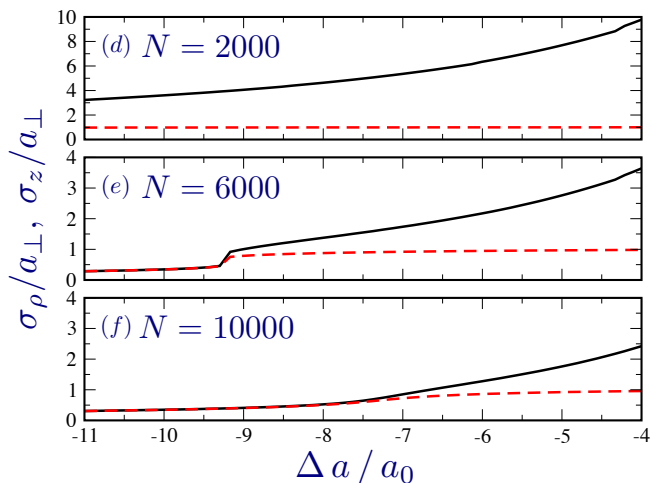
By replacing Eq. (11) in the total energy density, the variational energy per particle is then given by

$$\begin{aligned} \frac{E}{N\hbar\omega_\perp} &= \frac{1}{4} \left(\frac{2}{\sigma_\rho^2} + \frac{1}{\sigma_z^2} \right) + \frac{\sigma_\rho^2}{2} + \frac{2N\Delta a}{\sqrt{2\pi}\sigma_\rho^2\sigma_z} \frac{\sqrt{a_{22}/a_{11}}}{\left(1 + \sqrt{a_{22}/a_{11}}\right)^2} \\ &+ \frac{512\sqrt{2}}{75\sqrt{5}\pi^{7/4}} \frac{N^{3/2}}{(\sigma_\rho^2\sigma_z)^{3/2}} \left(\frac{\sqrt{a_{11}a_{22}}}{1 + \sqrt{a_{22}/a_{11}}} \right)^{5/2} f\left(\frac{a_{12}^2}{a_{11}a_{22}}, \sqrt{\frac{a_{22}}{a_{11}}}\right). \end{aligned} \quad (12)$$

Here the lengths are in units of a_\perp .

Experimentally, by means of Feshbach resonance, below a critical value of the external magnetic field, the condition $\Delta a < 0$ is achieved.

Gaussian ansatz and soliton-droplet crossover (II)



Axial width σ_z (**black solid curve**) and transverse width σ_ρ (**red dashed curve**) as a function of Δa , for three values of the particle number N .

We set $a_{11} = a_{22} > 0$ and consequently $\Delta a = a_{12} + |a_{11}|$. a_0 is the Bohr radius. **The self-bound spherical droplet is obtained when $\sigma_\rho = \sigma_z$.**

Breathing modes (I)

A deeper insight into the differences between solitonic and droplet states can be reached by examining collective excitations around the minima of the Gaussian variational energy.

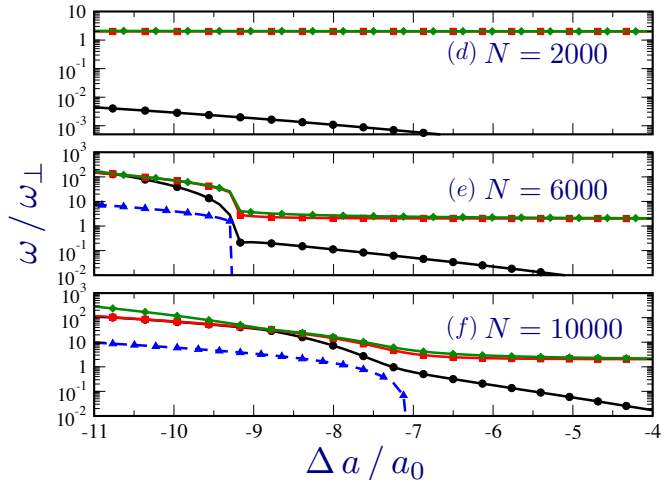
Thus, we adopt a time-dependent Gaussian variational ansatz for the complex scalar field:

$$\phi(\mathbf{r}, t) = \sqrt{\frac{1}{\pi^{3/2} \prod_{K=x,y,z} \sigma_K(t)}} \exp\left(\sum_{K=x,y,z} \left(-\frac{K^2}{2\sigma_K(t)^2} + i\beta(t)K^2\right)\right). \quad (13)$$

Inserting this ansatz into the beyond-mean-field effective action, after some manipulations we obtain a new effective action for the three time-dependent variational widths $\sigma_K(t)$.

From the corresponding linearized Euler-Lagrange equations we find three collective frequencies: two (quasi-degenerate) frequencies are related to a breathing oscillation in the $x - y$ plane while the third frequency is related to a breathing along the z axis.

Breathing modes (II)



Breathing frequencies (**red**, **green** and **black** curves) as a function of Δa , for three values of the particle number N . The **blue curve** is $-\mu/\hbar$, with μ the chemical potential for $\mu < 0$ (quantum droplet regime).

Spin-dipole mode (I)

We now consider the oscillatory motion occurring when there is a displacement $\bar{z}_1(t) - \bar{z}_2(t)$ along the z axis of the centers of mass $\bar{z}_j(t)$ of the two bosonic components.

To model this **spin-dipole collective dynamics**, we go beyond the assumption where the two components occupy the same spatial mode. The corresponding Gaussian variational ansatz is given by

$$\psi_j(\mathbf{r}, t) = \sqrt{\frac{N_j}{\pi^{3/2} \prod_{K=x,y,z} \sigma_K(t)}} \times \exp \left[\sum_{K=x,y,z} \left(-\frac{(K - \bar{z}_j(t)\delta_{K,z})^2}{2\sigma_{K,j}(t)^2} + i\alpha_j(t)z + i\beta_{K,j}(t)K^2 \right) \right],$$

where the fields $\psi_j(\mathbf{r}, t)$ are normalized to N_j .

Spin-dipole mode (II)

We insert the time-dependent variational ansatz for the two fields $\psi_j(\mathbf{r}, t)$ into the beyond-mean-field effective action, which becomes a functional of the variational parameters.

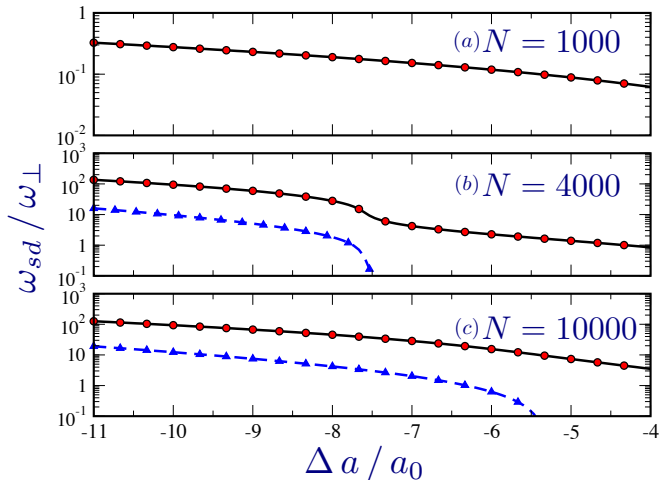
After several manipulations, we find¹¹ that the spin-dipole frequency ω_{sd} of the relative motion of the two bosonic clouds can be written as

$$\frac{\omega_{sd}^2}{\omega_{\perp}^2} = -\sqrt{\frac{8}{\pi}} \frac{N_1 (a_{12}/a_{\perp})}{\sigma_{\rho,0}^2 \sigma_{z,0}^3} + \frac{2048}{25\pi^{1/4}} \frac{(a_{11}/a_{\perp})^{5/2} N_1^{3/2}}{\sigma_{\rho,0}^2 \sigma_{z,0}^{7/2}}, \quad (14)$$

where $\sigma_{\rho,0}$ and $\sigma_{z,0}$ are the equilibrium values, and assuming $N_1 = N_2$.

¹¹A. Cappellaro, T. Macri, LS, Phys. Rev. A **97**, 053623 (2018).

Spin-dipole mode (III)



Spin-dipole frequency (black curve with red dots) as a function of Δa , for three values of the particle number N . The blue curve is $-\mu/\hbar$ for $\mu < 0$.

Conclusions

- We have analyzed a two-component BEC with attractive interparticle interactions along the crossover from soliton to self-bound droplets in a quasi one dimensional waveguide.
- We have found a sharp difference of the collective modes in the two regimes:
 - in the soliton regime: two distinguishable collective frequencies;
 - deep into the spherical droplet regime: only one breathing frequency (triple degenerate).
- Also the spin-dipole mode can be excited, and we have found an analytical formula for it.

Open problems

- The **experimental observability** of collective modes in the quantum droplet (collective oscillations vs particle emission).
- The role of **Rabi coupling** on the properties of a two-component quantum droplet¹².
- The soliton-droplet crossover in a **quasi-1D toroidal configuration**.
- The formation of **quantized vortices** in a two-component quantum droplet.
- Two-component quantum droplets made of atoms with **different masses**.

¹²For recent theoretical results see: A. Cappellaro, T. Macri, G.F. Bertacco, and LS, Sci Rep. **7**, 13358 (2017).

Thank you for attention!

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