

Bright solitons of attractive Bose-Einstein condensates confined in a quasi-1D optical lattice

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Altea, September 20, 2013

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Summary

- BEC in a quasi-1D optical lattice
- Axial discretization of the 3D GPE
- Transverse dimensional reduction of the 3D DGPE
- 1D DNPSE
- Numerical results
- Collapse of the discrete bright soliton
- Conclusions

BEC in a quasi-1D optical lattice (I)

We consider a dilute Bose-Einstein condensate (BEC) confined in the z direction by a **generic axial potential** $V(z)$ and in the plane (x, y) by the **transverse harmonic potential**

$$U(x, y) = \frac{m}{2} \omega_{\perp}^2 (x^2 + y^2) . \quad (1)$$

The characteristic harmonic length is given by

$$a_{\perp} = \sqrt{\frac{\hbar}{m\omega_{\perp}}} , \quad (2)$$

and, for simplicity, we choose a_{\perp} and ω_{\perp}^{-1} , as length and time units, and $\hbar\omega_{\perp}$ as energy unit.

BEC in a quasi-1D optical lattice (II)

We assume that the system is well described by the 3D Gross-Pitaevskii equation (GPE), and in scaled units it reads

$$i \frac{\partial}{\partial t} \psi(\mathbf{r}, t) = \left[-\frac{\hbar^2}{2m} \nabla^2 + \frac{1}{2} (x^2 + y^2) + V(z) + 2\pi g |\psi(\mathbf{r}, t)|^2 \right] \psi(\mathbf{r}, t), \quad (3)$$

where $\psi(\mathbf{r}, t)$ is the macroscopic wave function of the condensate normalized to the total number N of atoms and $g = 2a_s/a_\perp$ with a_s the s-wave scattering length of the inter-atomic potential.

In addition, we suppose that **the axial potential is the combination of periodic and harmonic potentials**, i.e.

$$V(z) = V_0 \cos(2kz) + \frac{1}{2} \lambda^2 z^2. \quad (4)$$

This potential models the **quasi-1D optical lattice** produced in experiments with Bose-Einstein condensates by using counter-propagating laser beams.¹ Here $\lambda = \omega_z/\omega_\perp \ll 1$ models a weak axial harmonic confinement.

¹O. Morsch and M. Oberthaler, Rev. Mod. Phys. **78**, 179 (2006).

Axial discretization of the 3D GPE (I)

We now perform a discretization of the 3D GPE along the z axis due to the presence on the periodic potential. In particular we set

$$\psi(\mathbf{r}, t) = \sum_n \phi_n(x, y, t) W_n(z) \quad (5)$$

where $W_n(z)$ is the **Wannier function** maximally localized at the n -th minimum of the axial periodic potential. This tight-binding ansatz is reliable in the case of a deep optical lattice.²

²A. Smerzi and A. Trombettoni, Phys. Rev. A **68**, 023613 (2003).

Axial discretization of the 3D GPE (II)

We insert this ansatz into Eq. (3), multiply the resulting equation by $W_n^*(z)$ and integrate over z variable. In this way we get

$$i \frac{\partial}{\partial t} \phi_n = \left[-\frac{1}{2} \nabla_{\perp}^2 + \frac{1}{2} (x^2 + y^2) + \epsilon_n \right] \phi_n - J (\phi_{n+1} + \phi_{n-1}) + 2\pi U |\phi_n|^2 \phi_n, \quad (6)$$

where the parameters ϵ , J and U are given by

$$\epsilon_n = \int W_n^*(z) \left[-\frac{1}{2} \frac{\partial^2}{\partial z^2} + V(z) \right] W_n(z) dz, \quad (7)$$

$$J = - \int W_{n+1}^*(z) \left[-\frac{1}{2} \frac{\partial^2}{\partial z^2} + V(z) \right] W_n(z) dz, \quad (8)$$

$$U = g \int |W_n(z)|^4 dz. \quad (9)$$

The parameters J and U are practically independent on the site index n and in the tight-binding regime $J > 0$.

Transverse dimensional reduction of the 3D DGPE

To further simplify the problem we set³

$$\phi_n(x, y) = \frac{1}{\pi^{1/2}\sigma_n(t)} \exp \left[- \left(\frac{x^2 + y^2}{2\sigma_n(t)^2} \right) \right] f_n(t), \quad (10)$$

where $\sigma_n(t)$ and $f_n(t)$, which account for **discrete transverse width** and **discrete axial wave function**, are the effective generalized coordinates [to be determined variationally](#).

We insert this ansatz into the Lagrangian density associated to Eq. (6) and integrate over x and y variables. In this way we obtain an effective Lagrangian for the fields $f_n(t)$ and $\sigma_n(t)$.

³A. Maluckov, L. Hadziewski, B.A. Malomed, LS, Phys. Rev. A **78**, 013616 (2008);
G. Gligoric, A. Maluckov, LS, B. A. Malomed, L. Hadziewski, Chaos **19**, 043105 (2009).

1D DNPSE (I)

The Euler-Lagrange equation of the effective Lagrangian with respect to f_n^* is

$$i \frac{\partial}{\partial t} f_n = \left[\frac{1}{2} \left(\frac{1}{\sigma_n^2} + \sigma_n^2 \right) + \epsilon_n \right] f_n - J (f_{n+1} + f_{n-1}) + \frac{U}{\sigma_n^2} |f_n|^2 f_n . \quad (11)$$

while the Euler-Lagrange equation with respect to σ_n gives

$$\sigma_n^4 = 1 + U |f_n|^2 . \quad (12)$$

Inserting Eq. (12) into Eq. (11) we finally get

$$i \frac{\partial}{\partial t} f_n = \epsilon_n f_n - J (f_{n+1} + f_{n-1}) + \frac{1 + (3/2)U |f_n|^2}{\sqrt{1 + U |f_n|^2}} f_n , \quad (13)$$

that is the 1D **discrete nonpolynomial Schrödinger equation** (DNPSE), describing the BEC under a transverse anisotropic harmonic confinement and an axial optical lattice.

1D DNPSE (II)

The 1D NPSE reduces to the familiar 1D DGPE (1D cubic DNLSE)

$$i \frac{\partial}{\partial t} f_n = \epsilon_n f_n - J (f_{n+1} + f_{n-1}) + U |f_n|^2 f_n \quad (14)$$

in the weak-coupling limit $|U| |f_n|^2 \ll 1$, where U can be both positive and negative. On the contrary, it becomes a 1D quadratic DNLSE

$$i \frac{\partial}{\partial t} f_n = \epsilon_n f_n - J (f_{n+1} + f_{n-1}) + (3/2) \sqrt{U} |f_n| f_n \quad (15)$$

in the strong-coupling limit $U |f_n|^2 \gg 1$, where $U > 0$.

Numerical results (I)

We have solved numerically both 1D DNPSE and 1D DGPE by using a **Crank-Nicolson predictor-corrector algorithm** with imaginary time to get the ground-state of the system.

In the next two slides we report our results obtained with $N = 100$ atoms in a quasi-1D optical lattice with weak axial harmonic confinement:
 $\lambda = \omega_z / \omega_{\perp} = 0.1$.

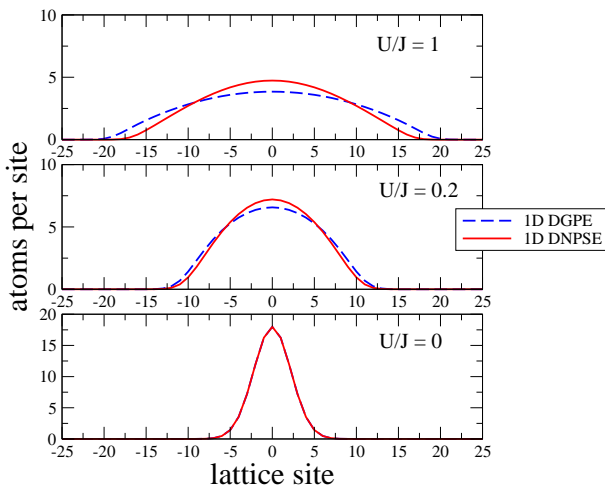
The plots are shown for different values of the **repulsive** on-site interaction strength U : $U > 0$.

In the experiments U can be tuned by using the technique of Feshbach resonances.

Numerical results (II)

$N = 100$

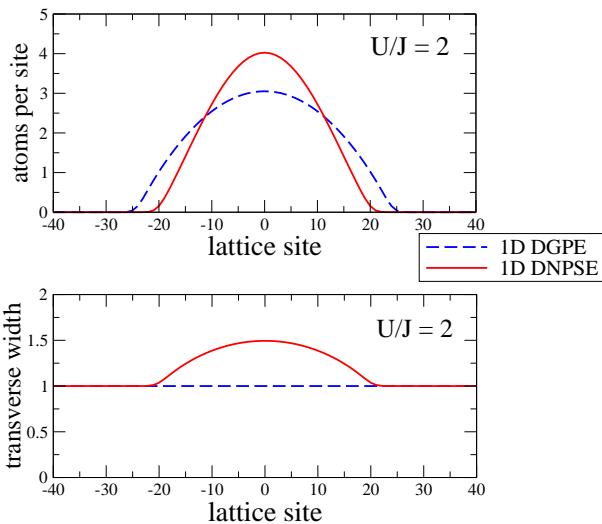
$\lambda = 0.1$



Numerical results (III)

$N = 100$

$\lambda = 0.1$



Numerical results (IV)

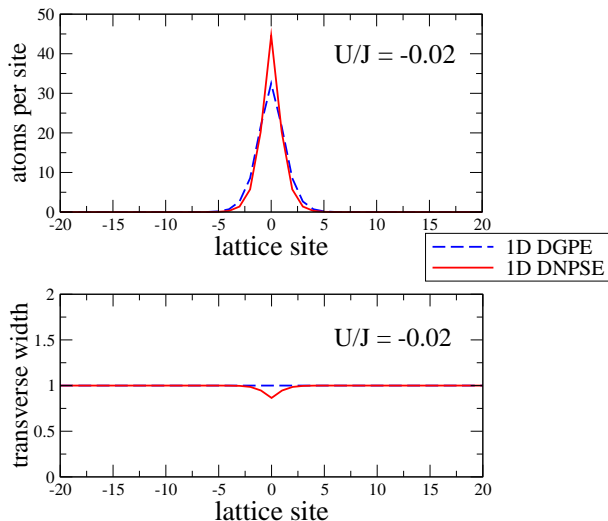
Now we show the results obtained again with $N = 100$ atoms in a quasi-1D optical lattice but with an **attractive** on-site interaction strength U : $U < 0$.

In the attractive case the ground-state is self-localized and it exists also in the absence ($\lambda = 0$) of the axial harmonic potential: **discrete bright soliton**.

Numerical results (V)

$N = 100$

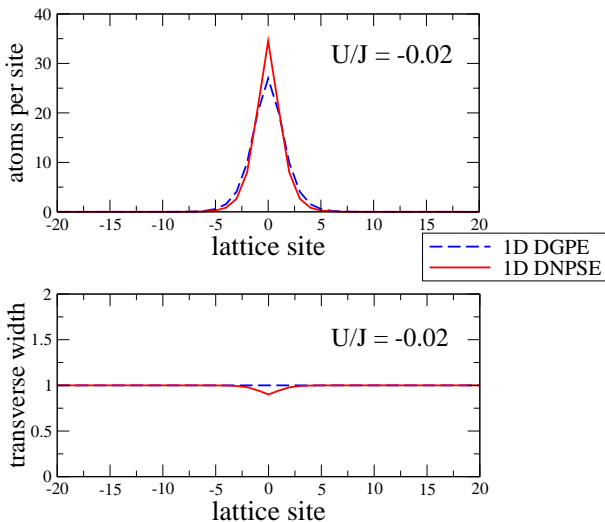
$\lambda = 0.1$



Numerical results (VI)

$N = 100$

$\lambda = 0$ (no axial trap)



Collapse of the discrete bright soliton (I)

By increasing the attractive on-site interaction U ($U < 0$) the 1D DGPE shows that eventually all the atoms accumulate into the same site.

Actually, the 1D DNPSE shows something different: before all the atoms populate the same site there is the **collapse of the condensate**: 1D DNPSE does not admit anymore a finite ground-state solution.

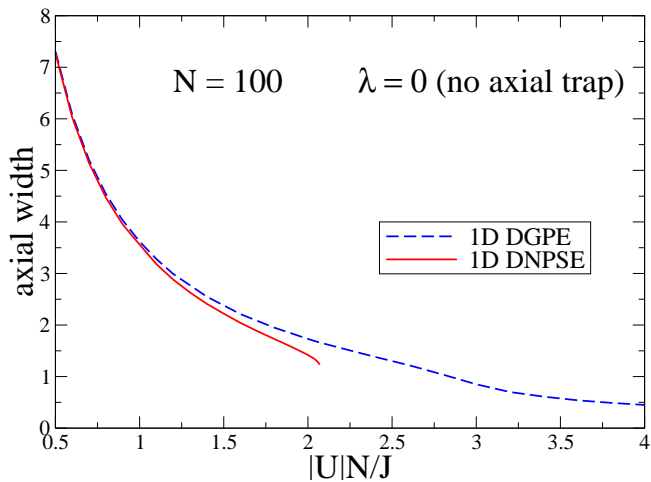
Numerically we find that the collapse occurs when $U < 0$ and

$$\frac{|U|N}{J} \gtrsim 2.1 \quad (16)$$

which is consistent with analytical result⁴ $|U|N/J > 8/3$ of the continuum limit.

⁴LS, A. Parola, L. Reatto, Phys. Rev. A **65**, 043614 (2002).

Collapse of the discrete bright soliton (II)



Conclusions

- From the 3D GPE of bosons in a quasi-1D optical lattice we have derived an effective 1D DNPSE.
- The DNPSE reduces to the 1D DGPE in the weak-coupling limit.
- The DNPSE gives quite different results with respect to the 1D DGPE in the (repulsive) strong-coupling limit.
- In the case of attractive on-site interaction there is a self-localized solution: the discrete bright soliton.
- The DNPSE predicts the collapse of the discrete bright soliton above a critical (attractive) on-site interaction.
- Our results are reliable in the superfluid regime $|U|N/J \ll N^2$ where the 3D GPE is meaningful.

THANK YOU FOR YOUR ATTENTION!

We acknowledge **research grants** from:

- Università di Padova: Progetto di Ricerca di Ateneo 2012-2013.
- Fondazione CARIPARO: Progetto di Eccellenza 2012-2013.
- MIUR: Progetto PRIN 2012-2014.